Leading from the Heart is a two-day residential workshop for men who are invested in their personal and professional growth. Through guidance and fellowship the workshop will:

- Bring together the principles and practices of Aikido as a stimulus for action, conversation and reflection
- Assist participants to explore ways of engaging and aligning personal passion and purpose with the work they want and need to be doing in the world
- Offer men a rare opportunity to focus on improving their individual and collective health and well-being in good company and with informed guidance
- Give men an opportunity to explore the constructive and compassionate aspects of their masculinity

Questions informing the genesis of the workshop include:

- How do I stay grounded within myself while doing the work I need to do in the world, now, and no matter what obstacles arise

To register and view more information go to website: http://wohformen.blogspot.com.au
Or Call Martin on 61410314740

Commonly asked questions

Q: Do I need any previous Aikido or Martial Arts Training?
A: No. The Aikido component is practiced as light exercises and is used to illustrate principles and practices that can be applied in daily life?

Q: What are the expectations of me as a participant?
A: Essentially that you want to attend and have a desire to develop personally.

Q: What is unique about this event?
A: The guiding principles used in Warrior of the Heart training are based in ancient wisdom that is made immediately accessible and applicable to daily life.

Benefits

Q: What are the recognised benefits of attending the event?
A: Of the many benefits these include:

- An informed and strengthened connection to oneself, one's purpose and one's practice
- An enhanced repertoire of tools and skills to help deal with the challenges of daily life
- A richer connection to the masculine self and its many facets
- A developed set of answers to important personal questions
- A rich social experience

Toke Moeller will lead the workshop: Toke is an Aikido practitioner and host of participatory leadership processes. He is based in Denmark and travels the world working with leaders, organisations, communities, and governments. He is the co creator of The Art of hosting, The Flow Game, The Warrior of the Heart dojo, former Chair of the Board of the Danish Entrepreneurs Association, longtime international professional conference organiser (PCO) and process host.

Logistics

Dates and Times:
Friday 14th March - 6.00pm arrival & welcome dinner and settling in. Saturday 15th - activities all day and evening BBQ. Sunday 16th - activities until 3.00pm

Cost: $550 covering: accommodation, food, tuition, workshop materials and administration

Venue: Binna Burra - Lamington National Park - Grooms Cottage & Surrounds

Principal Teacher: Toke Moeller

Hosting Team: Martin Challis, James Ede and David Stevenson

Leading from the Heart – Warrior of the Heart Training for Men
14th – 16th March 2014 – Binna Burra QLD Australia