As the world around us becomes ever more complex it can be a challenge to stay connected to, or to understand one’s evolving purpose. In this training we will look to practice, explore and serve the simplicity of standing and moving from compassionate and strong heart with yourself, with others and the universe.

The Invitation.

Come and join us in beautiful Devon in the summer of 2014 and engage with us as we awaken those skills and hone and develop those ancient abilities. We will examine our Warriorship, personal development, our evolving purpose and our role and place in the world today!

Why Warrior?

There is a need for Compassionate Warriorship and purposeful action. The Warrior of the Heart dojo trains in practices that develop and build abilities for skilful actions and wise decisions. Our goal is a reliable ability to work effectively in difficult situations and the building of personal and team capacity, through dynamic learning experiences. There are many different forms of warriorship present in our world today. We are most interested in what we call true warriorship, one which produces well-being and health (personal and societal) rather than producing discord, suffering and cynicism. It is our hope that what follows here will inform and support practices of true warriorship, that is to say warriorship of the heart.
Our Course Leader:
Bob Wing, MA. has facilitated leadership workshops and training’s both in the U.S and internationally in America, Europe, Africa, and Asia. He is the director of Mountain Warrior Institute™, an organisation dedicated to cultivating compassionate and dynamic actions in the world and is a founder of Warrior of the Heart™ seminars and retreats, designed to teach and empower individuals and groups to live and work wisely and courageously in skilful leadership. He is also working actively in facilitating and producing Art of Hosting seminars. Bob has taught Aikido and Gestalt therapy at The Naropa University, working in the Contemplative Psychology, Contemplative Psychotherapy, Extended Studies departments, and also with the Marpa Centre for Business and Economics. He is honoured to have trained with Doctor Milton Trager, the founder of Trager Psycho-Physical Integration. Bob is also a sculptor and painter, with a special interest in spontaneous and “in the moment” works, that often produces unexpected and brilliant results. See some of his work at WingArtStudio.com

Assisted by:
Kieron Concannon, a student of Bob Wing's and of Warrior of the Heart Dojo. He is also a practitioner of Iaido (way of the Sword) and Tai Chi and is a member of the international Art of Hosting community - he is also a Flow Game host.
Kieron is a musician and writer who, along with his wife and son created FDM Records - an Independent record label in the UK. Their label achieved unprecedented success with a Number One ‘million selling’ record in 2005.

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“Warrior of the Heart™ training is very powerful experiential learning, involving coordinated movement and dialogue practices to build greater capacity for wise and grounded actions.
Our invitation to you is to join us in stepping forward into the next phase of who you are, to say yes to compassionate warriorship, and to saying no to whatever is destructive in ourselves and in the world. This is the kind of compassionate warriorship, which enables us to achieve a purposeful life at work and in our homes, with our colleagues and perhaps even with those who seem to oppose us.

How to prepare.
Bring loose and comfortable clothing, an open heart, and a focused mind. If you have any musical ability or other gifts you can offer during our time together that would be great - instruments etc most welcome!

Please reflect on these questions beforehand:
★ What intrigues you about the warrior of the heart dojo now?
★ What is your burning question to yourself and how does it relate to your evolving purpose?
★ Where might you practice wise and skilful action as you move on from our time together?

What will we do?
- Morning Dojo Practice. Gentle early morning practice sessions that may include some bokken work [Japanese wooden practice sword] these are provided
- Warrior of the Heart Aikido – gently and powerfully training in building and applying one’s personal energy and balance, in effective cooperation with others
- Flow Game. The purpose of the Flow Game is to ground, strengthen and bring clarity and flow to human beings, their life, leadership and actions
Who is Warrior of The Heart Training For?
This training is for anyone who wishes to be more effective in their lives and work in the world.... absolutely no previous warriorship experience or training is necessary to participate! Male, female, Old or Young.

Booking and price Information.
Please note - there is a lot of interest in this training so please book as soon as you are inspired to do so!

Dates: - Gather from 3pm Friday June 13th - 4pm Sunday June 15th 2014
Hazelwood website and directions http://www.hazelwoodhouse.com/

Cost: for the weekend including all training, accommodation and meals will be UK Pounds £450

To Apply: - email Kieron to reserve your place. A £100 pound deposit is required. Payments can be made via Paypal, details on request.

Contact Details.
All emails and contact enquires should be directed to Kieron Concannon and or Sue Concannon. Where possible please place the following in the subject box of your email enquiry; ‘WoTH UK 2014 Enquiry’
kieron@fdmrecords.com
sue@fdmrecords.com

Accommodation.
Accommodation is on a shared basis at beautiful Hazelwood House.

Who should come?
Those who hear the calling! This is a global/international calling!
Please don't hesitate to contact either of us for further info, questions, concerns etc. Look forward to connecting with you all soon!