

# HOW WILL WE COLLABORATE TO CREATE SAFE SPACES FOR HEALTHY CONVERSATIONS AMONG COMMUNITIES IN KENYA AND BEYOND?

How will we engage all Kenyans (women, men, youth, elderly, people with special needs etc) in shaping the future of our country?

How will we nourish the culture of citizen engagement and effectively participate in our devolved Government?



## Join us!

As people who care for the future of Kenya we have the unique opportunity to learn how to host and harvest meaningful conversations as well as learn and practice the art of participatory leadership for the common good of our communities. Art of Hosting presents an opportunity to converse about complex issues and use collective intelligence of the people by co-creating paths that lead to sustainable solutions. Create shifts where they are needed!

Art of Hosting Kenya, Facilitation Training  
19th -21st August 2015, Nairobi

In the last few years Kenya has gone through a rollercoaster of emotions and changes, which has left us with the need to have difficult conversations. During this time of uncertainty communities have come together to co-create protected spaces where they can revive trust and encourage everyone to listen with an open curious heart. Communities and CBOs aim to increase collaboration and empower citizens to positively participate in Kenya and beyond. Art of Hosting provides a unique opportunity to further enhance these existing efforts through creativity and comradeship.

**During the workshop we will...**

**Explore** hosting and harvesting conversations as a core leadership practice and skill set for leading change.

**Develop** competence in interactive processes that support participatory leadership, like Open Space technology - Appreciative Inquiry - Circle - World Cafe - Pro-action Cafe. Frameworks and Process Design tools such as: Chaordic Design - Theory U - Organisational Paradigm - Living System designs.

**Apply** what we are learning to the “change projects” or questions you bring. From policy and national initiatives to grass roots community organizing and movement building.

**Who should come?**

We invite upcoming “Art of Hosting” practitioners, learners and leaders and all interested people who want to discover a co-creative process to bring sustainable change to their communities, organizations, companies and Government offices for new ways of participatory leadership across all sectors and industries.



**When?**

19<sup>th</sup>-21<sup>st</sup> August 2015

**Where?**

Don Bosco YES (Karen, Nairobi)

**Price?**

Including certificate, workbook, conference package, lunch and tea breaks.

KES: 40,000 - Organizational contribution (discount for more participants)

KES: 30,000 - for Non-profit Contribution (self funded, small voluntary organizations)

**Use the Early bird booking discount of 15% until 15th July!**

Individual partial scholarship with down payment is available on request.

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**Price of accommodation at Don Bosco YES, Karen/Nairobi**

KES 2,000 per night single room full board

KES 1,500 per night shared room (of four) full board per person

The Art of Hosting training is an immersive learning experience and you will benefit most if you stay overnight. If for valid reasons (e.g. family or financial) you really cannot stay overnight, you will have to organise your own transport to the venue each day and back at night. Note there will be evening activities after dinner.



There will be a maximum of 40 participants. Please ensure that you register here

<http://goo.gl/forms/E7zNbDJVwE>

**Deadline:** 5<sup>th</sup> August 2015

For more information or if you need some help please email Bikundo Onyari or Judith Stemerding-Herret both available at

[aohinkenya@gmail.com](mailto:aohinkenya@gmail.com)

Have a look what we are doing in Kenya at the Facebook Public Group

[Art of Hosting-Kenya](#)

and read more about

Art of Hosting International

<http://www.artofhosting.org>



# Your Hosting Team

## Linda Joy Mitchell



Linda Joy Mitchell is a steward of the Art of Hosting, a process designer and dialogue host, a natural community builder and a gentle system disturber. With a background in psychotherapy and coaching and bringing 27 years experience of working in the UK civil society and public sector advising on strategic process and participative citizen consultation. Linda has worked on participative democracy projects for the European Union and the UK Scottish Parliament.

Linda works with teams, individual leaders, strategic partnerships, and grass roots communities, developing collective intelligence and crafting opportunities for people to come together and build strong collaborative relationships with the power to systemically transform how we work as well as how we live our lives. [www.lindajoymitchell.org.uk](http://www.lindajoymitchell.org.uk)

## Silas Lusias



Silas Lusias is a steward of the Art of Hosting, mediator and permaculturist. Silas' experience enables him to bring a genuine appreciation for diversity and a capacity for hosting groups into more reflective places. He has been a key leader in Kufunda Learning Village in Zimbabwe since its inception in 2002 until 2011. Kufunda Learning Village [www.kufunda.org](http://www.kufunda.org) is a learning centre that helps rural people to build self-reliance at multiple levels. To enable communities to survive Zimbabwe's challenging socio-economic environment, Kufunda demonstrates how to use environmentally and economically sustainable living practices so that each community can take care of itself and not be dependent on the failing system to cover its basic food, health, and educational needs. Silas lives currently in Germany.

## Judith Stemerding-Herret



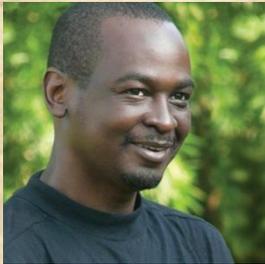
Judith Stemerding-Herret is a freelance consultant, trainer and Art of Hosting practitioner with special focus on humanitarian and development aid. She managed finance, HR, grants and

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projects for different International NGOs globally and worked in Côte d'Ivoire, Uganda, Austria and Kenya in the last 10 years. She holds an MBA degree and has headed Finance management positions in private companies in Austria.

The last two years she discovered her passion for capacity building and Art of Hosting to empower people and CBOs finding their own inner resources and courage to tackle complex situations of today in Kenya. In 2009 she participated in her first AoH training in Davon/UK and in 2013 as an apprentice in Kufunda Learning Village/Zimbabwe. She is an active member of the International Association for Facilitators (IAF) in Africa. The core belief is that everybody has a right and responsibility to create his/her own life. You can view her profile at [www.linkedin.com](http://www.linkedin.com)

### **Bikundo Onyari**



Bikundo is a coach, mentor, trainer and Art of Hosting practitioner with deep skills in leadership and business development. He is a self-taught social entrepreneur who has passion working with young people and professionals. He has over seven years experience in leadership development, consultancy experience, advising, training and coaching for local and international organisations.

He has expertise in assisting leaders build stronger, more effective teams. Bikundo is valued for helping teams think strategically and engage in meaningful conversations that allow for reflection and inquiry that lead to change. With his years of experience, he has developed and delivered training/coaching sessions locally and internationally in countries that include Kenya, Rwanda, Uganda, South Africa, Morocco, the Netherlands and Mexico. You can view his profile at [www.linkedin.com](http://www.linkedin.com)

### **Syeda Re'em Hussain**



Re'em is a PhD student in International Relations and participated in the Art of Hosting training in 2013 in Kenya. She is already practicing AoH at her university and will be an apprentice to deepen her hosting skills during the upcoming AoH training. You can view her profile at [www.linkedin.com](http://www.linkedin.com)